

# Case Histories

## 30 Year Mucus Problem solved by Mucolyxir®

<b>Gender, Age, Occupation, Nationality, height and weight.</b>	Mr. T.M. is a 39 year old Englishman, weighting 8 stone 4 (51.5 kg), and is 5 ft 8 tall (173 cm).
<b>Presenting complaint – list and duration</b>	<p>When Mr. T.M. first came to see me in 2005, he had a host of signs &amp; symptoms: headaches from the age of 2, and for over three decades these: excessive nasal mucus from first thing in the morning, furry tongue, limited diet, fatigue, brain fog, abdominal pains, difficulty in gaining weight, painful joints, some sleeping problems.</p> <p>Many of these were resolved with an anti-yeast programme but the mucus persisted.</p>
<b>Any Investigations</b>	T.M. did have positive candida antibodies, a low SIgA, & elevated levels of mercury and lead (as shown by a urinary body burden challenge test). He also had many reactions to foods which are avoided. Despite addressing these imbalances, and achieving a good deal of success in the wide array of symptoms, the mucus production continued unabated. T.M. had also visited the doctor on many occasions but no progress resulted.
<b>Strategy</b>	<p>T.M. was already taking a number of supplements that had proven effective for his headaches, furry tongue, abdominal pain, joint pain, energy, brain fog to some degree, and sleep too.</p> <p>The excessive and unpleasant mucus made a big impact on T.M.'s life. Given the improvements in other aspects of his health, I decided to focus specifically on the mucus directly, even though I had not been able to determine the underlying cause. The product of choice to combat excess mucus is Mucolyxir® by Allergy Research.</p>
<b>Diet &amp; Supplements: name and dose</b>	<p>In addition to Biotics Research's ADP, Hydrozyme, Bio C Plus, Intenzyme Forte, I recommended that T.M. take Mucolyxir®:</p> <ul style="list-style-type: none"><li>• Allergy Research - Mucolyxir® - 2 drops under tongue twice daily away from food &amp; water.</li></ul>
<b>Duration</b>	The aim was to see whether one bottle of Mucolyxir® would make any difference to the volume of mucus. It took just one week to see the evidence of benefit.
<b>Outcome</b>	T.M. no longer wakes up with the mucus that has plagued his mornings and days. He still has a little mucus in the day but it is about 95% improved whilst taking Mucolyxir®. "It certainly does what it aims to do!" he reported. T.M. as been taking the product for a number of months and it has changed his life.
<b>Comments</b>	T.M. has had candida and immune compromise for many years and it has taken dedicated effort on a nutritional front for him to earn better health. The mucus production continued unchanged from our first appointment some years ago, which was disappointing and frustrating, despite evidence of immune improvement and elimination of known triggers. However, the DNA-based supplement, Mucolyxir®, using DNA from wild Pacific salmon, helped to regulate the production of mucus very rapidly and proved very successful. In clinical trials it has been found to support cilia motion, aid liquification and elimination of Mucoïd substance.
<b>Practitioner</b>	Antony Haynes BA(Hons), Dip ION, mBANT, NTCC is a Nutritional Therapist working from his clinic in Harley Street, London.