

In an effort to assist in the growth of your practice through improved patient outcomes, Biotics Research Corporation offers the Weekly Practice Builder program.

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Bio-Anabolic Pack™

The sports world is flooded with products intended to enhance athletic performance and help support the restorative process. Everyone from professional athletes to weekend warriors, to the average Joe or Joanne whose workout regime is part of a general wellness program, wants to achieve their personal training and athletic goals. **Bio-Anabolic™ Packs** represent a breakthrough in athletic supplementation. **Bio-Anabolic™ Packs** supply a comprehensive array of nutrients in a convenient packet to facilitate ease of use. Each pack supplies the full complement of B complex vitamins with vitamin C to support the ability to respond to physical stress. Gland and organ support is provided as Biotics Research's proprietary Cytozyme glandular tissue concentrates including Neonatal bovine adrenal complex, liver, thymus and spleen, along with ovine pituitary/hypothalamus complex. Digestive support includes enzymes, probiotics, organic beet leaf powder and chlorophyllins. Finally, amino acids, gamma oryzanol and FRAC® (an original, proprietary compound from Biotics Research), round out the **Bio-Anabolic™** formula. In published research, college athletes who were not previously taking supplements consumed 2 packs daily¹. The supplemented group showed an increase in muscle girth and decreases in body fat compared to the unsupplemented control group. Additionally, subjective responses from supplemented subjects engaged in weight training suggested an increase in strength, as compared to controls.v



1. Chiropractic Sports Medicine. 1987 Vol.1, No.2

Research Pertaining to Other Topics of Interest

Support for Bio-Detox Program: Eosinophilic esophagitis (EoE) is increasingly recognised as a cause of dysphagia, food impaction, and heartburn. A six food elimination diet lasting six weeks was followed up with endoscopy with esophageal biopsies to measure histologic improvement. Dysphagia symptom scores decreased in 94% of patients, while endoscopic features improved in 78%. Following reintroduction, the most common food triggers were wheat (60%), followed by milk (50%), soy (10%), nuts (10%) and egg (5%). Interestingly, skin-prick testing predicted only 13% of these triggers.

Consalves N et al. Elimination diet effectively treats eosinophilic esophagitis in adults; Food reintroduction identifies causative factors. Gastroenterology 2012 Jun; 142: 1451