

In an effort to assist in the growth of your practice through improved patient outcomes, Biotics Research Corporation offers the Weekly Practice Builder program.

**Nutrition House, 24 Milber Trading Estate, Newton Abbot, Devon, TQ12 4SG. UK**  
**Telephone: +44 (0) 8704 054 002 • Fax: +44 (0) 8704 054 003 • www.nutri-linkltd.co.uk**

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## For the Health of Your Patients:

Cholesterol, and more specifically altered lipid profiles, continues to be a major concern for healthcare providers and patients alike. In addition to implementing dietary and physical activity modifications, dietary supplementation has been shown to be beneficial in supporting normal, healthy lipid profiles.



## For the Health of your Practice:

Following years of research and clinical evaluations, Dr. Mark Houston, Associate Clinical Professor of Medicine at Vanderbilt Medical School and Director of Hypertension Institute and Vascular Biology in Nashville, TN, in conjunction with Biotics Research Corporation developed a Lipid Kit which combines several key products for optimal lipid profile support. **Dr. Houston's Lipid Kit** contains Niacin 100™, Red Yeast Rice, and Lipid-Sirt®.

**Niacin 100™** – Nicotinic acid, also referred to as niacin or vitamin B3, is recognised as a cardioprotective agent, primarily, but not exclusively, due to its actions in inhibiting tyglyceride synthesis, which positively impacts HDL and triglyceride levels. Niacin aids in decreasing vascular inflammation.

**Lipid-Sirt®** – The scientifically advanced formulation was developed by the Hypertension Institute and Dr. Mark Houston, MD, MS. Lipid-Sirt® includes a potent combination of several nutrients and natural compounds, including Pantethine (vitamin B5), Phytosterols (plant sterol esters), Green tea extract (EGCG), Delta tocotrienols (a natural vitamin E), and Phytolens (procyanidins), which was strategically designed to support normal, healthy cholesterol levels naturally†.

**Red Yeast Rice** – A dietary staple in many Asian countries, the yeast *Monascus purpureus*, is commonly referred to as Red Yeast Rice (RYR). One of the major components of RYR is a series of compounds collectively known as monacolins. Monacolins have been recognised for their potent activity in inhibiting HMG CoA reductase and extolled for their impact on blood lipids.

† Houston, MC et al. *Nonpharmacologic Treatment of Dyslipidemia. Progress in Cardiovascular Disease* 2009;52:61-94.