

In an effort to assist in the growth of your practice through improved patient outcomes, Biotics Research Corporation offers the Weekly Practice Builder program.

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WPB 11/5

For the Health of your Patients:

The liver is the largest solid organ of the body but it also holds the distinction of being the largest Gland in the body since it makes and secretes bile. Composed of two uneven lobes, the liver typically weighs 3 to 3.5 pounds, filters over a litre of blood per minute, and is unparalleled in its ability to regenerate itself. The liver affects nearly every physiological process of the body and is known to perform over 500 different chemical functions. Some of the key liver functions include: fat and carbohydrate metabolism, protein synthesis; including albumin and clotting factors, glucose regulation, and forming and secreting bile which is necessary for the absorption of dietary fats and fat soluble vitamins. In addition, the liver is a potent organ of detoxification. Not only does it eliminate by metabolising or secreting any (endogenous) biochemical products made by the body (ie. bilirubin from red blood cells and ammonia from protein breakdown), but it is crucial in the metabolisation or secretion of any exogenous drugs, alcohols, chemicals or environmental toxins that the body is exposed to. As a result of the plethora of complex functions the liver is involved in, it is easy for it to become overburdened. Early liver dysfunction is rarely painful, and is often only caught as a result of routine blood tests. Signs and symptoms that liver dysfunction should be considered include: intolerance to greasy or spicy foods, indigestion, chronic constipation, IBS or other bowel problems, headaches, weight gain, sinus or allergy issues, or conditions of the skin such as eczema, rashes, or psoriasis.



For the Health of your Practice:

Ayurvedic medicine is a system of healing and medicine native to India. **Livotrit Plus®** is a unique formula that combines the best of Eastern and Western healing traditions. Historically, certain Ayurvedic herbs and herbal combinations have been used to support normal liver function and maintenance. Research has clearly demonstrated that diet alone may not supply nutrients in sufficient amounts necessary for overall good health. Many studies support the use of dietary supplementation to ensure adequate intake of important nutrients. A growing number of doctors, researchers, and nutritional experts agree that supplementation is important to protect against common deficiencies, many of which have been linked to unwanted chronic conditions, and to provide support for optimal physical and mental wellness. Therefore, for generalised well-being, a complete multi-vitamin and mineral formula is required to ensure that the nutritional basics are covered. combines a well-researched mixture of Ayurvedic botanical extracts along with the western herb of choice: Silymarin, which has a long history of use to sooth hepatic inflammation, promote the generation of new hepatic cells, and prevent toxins from damaging existing liver cells. In addition, **Livotrit Plus®** also contains sugar cane extract (Wulzen factor), a recommended Ayurvedic adjunct. Rich in phytochemicals, polyphenolic compounds, and phenolic acids – **Livotrit Plus®** possesses exceptional free radical quenching properties. Due to the strong correlation between liver and gallbladder function, it is strongly suggested that **Livotrit Plus®** be used in conjunction with **Beta-TCP™** or **Beta Plus™**. **Livotrit Plus®** is another example of fine products exclusive to Biotics Research Corporation.