



## Weekly Practice Builder

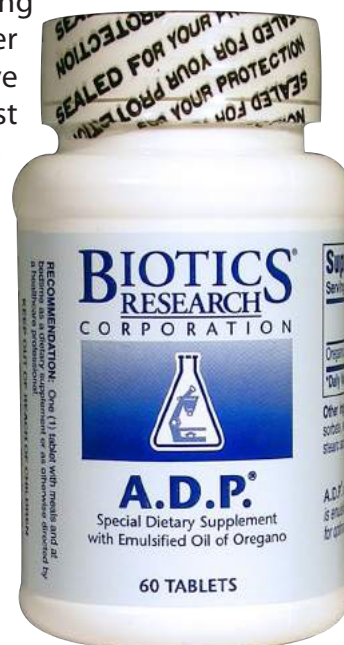
Nutri-Link Ltd, Nutrition House, 24 Milber Trading Estate, Newton Abbot, Devon, TQ12 4SG. UK  
Telephone: +44 (0) 8704 054 002 • Fax: +44 (0) 8704 054 003 • www.nutri-linkltd.co.uk

*In response to increasing demand from our Practitioners, Biotics Research has implemented a new e-mail program to bring important, leading-edge information and literature to you, thereby helping facilitate the growth of your practice. Biotics Research products are available exclusively through Healthcare Providers.*

### Our featured supplement of the week is **A.D.P.<sup>®</sup>**

**Why do your patients need A.D.P.<sup>®</sup>?** When modern researchers attempt to unlock Nature's herbal secrets, they frequently turn to the spices and herbs that have been used for centuries to add zest to a wide range of foods. Interestingly, long before the advent of refrigeration it was recognised that herbs and culinary spices could slow food spoilage – natural antimicrobial principles were obviously at work. Food scientists have become increasingly interested in essential oils and aromatic plants. Attempts are being made to identify the active components of essential oils from spices, among them – the oil of oregano. So far, analysis has revealed several phenolic compounds including Carvacrol, Thymol, Eugenol, 1,8 cineole, as well as Rosmarinic acid and other antioxidants. Of these compounds Carvacrol and Thymol are believed to have the greatest biological activity. **A.D.P.<sup>®</sup>** has been proven effective against yeast and parasites (Patent # 5,955,086). Further research looking at the mechanism of action is indicating that the active components of oil of oregano adversely affect the ability of various microbial organisms to reproduce.

**Why choose A.D.P.<sup>®</sup> from Biotics Research Corporation?** While people have relied on the healing properties of oregano oil for hundreds of years, Biotics Research Corporation was able to dramatically improve the delivery system of oil of oregano. Many commercially available oregano oil products vary hugely in potency, additionally tinctures and other liquid forms of the oil may be difficult for many patients to take as it leaves much to be desired taste-wise. Furthermore, oil of oregano is mostly absorbed in one region of the small intestine, thus limiting the efficacy of a non-sustained release product in reaching the areas of the small and large intestine more likely to be affected. Each tablet of **A.D.P.<sup>®</sup>** supplies a standardised extract of oregano oil (50mg) in a sustained release mechanism as an emulsified form, thus ensuring the ease of dosing and maximising delivery. **A.D.P.<sup>®</sup>** is not recommended for pregnant or lactating women. As always, you can count on Biotics Research to provide you with superior nutritional supplements; the "Best of Science and Nature".



Questions? Concerns?  
Comments? Nutri-Link  
wants to hear from you!



Email us at:  
info@nutri-linkltd.co.uk

### Studies You Should Know About

**Vitamin D supplementation improves glycemic control in diabetes.** "Regular dosing of vitamin D (2000 IU/day) in early childhood has been shown to reduce the risk of developing Type 1 diabetes (up to an 80% reduction projected over the next 30 years), additionally, vitamin D treatment has improved glycemic control and insulin sensitivity in people with Type 1 diabetes, Type 2 diabetes, and normal individuals." Schwalfenberg, Gary. Vitamin D and diabetes - Improvement of glycemic control with vitamin D3 repletion.

*Canadian Family Physician, Vol 54: June 2008, p. 864-866.*



Visit Biotics website at:  
www.bioticsresearch.com