

In an effort to assist in the growth of your practice through improved patient outcomes, Biotics Research Corporation offers the Weekly Practice Builder program.

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NutriClear®

Providing nutritional support for detoxification and metabolic clearing, **NutriClear®** is a unique product that supplies key nutrients for hepatic function, energy production, and intestinal balance. The formula includes easily digested hypoallergenic protein, medium chain triglycerides and an extensive complement of antioxidants. **NutriClear®** helps support the body's enzymatic processing and elimination of potentially harmful substances while compensating for nutritional deficits resulting from maldigestion and malabsorption. This soothing supplement also protects against oxidative stressors associated with detoxification and helps to sustain tissue rebuilding. **NutriClear®** should be considered as a cornerstone for any detoxification or rebuilding program. Depending on the patient's condition and the desired rate of repair or detoxification, **NutriClear®** is suitable for both short-term and long-term use, and is also available with natural berry flavouring. As a meal replacement, it can be used on its own or in conjunction with a suitable protein powder such as Whey Protein Isolate or **Rice Protein Concentrate**. Each serving (2 level scoops) of **NutriClear®** or **NutriClear Berry™** should be mixed with water, or rice or almond milk if necessary, and may be taken several times per day or as desired. ideal for low-carbohydrate or metabolically balanced diets.



Research Pertaining to Other Topics of Interest

Probiotics Prevent CDAD (Clostridium difficile associated diarrhea). It is well understood that antibiotic treatment negatively impacts normal gastrointestinal flora and significantly increases the risk of CDAD. Researchers conducted a systematic review and meta-analysis that included twenty randomised, controlled trials using probiotics including Lactobacillus, Bifidobacterium, Streptococcus and Saccharomyces species. They found that probiotics lowered the incidence of CDAD by 66%, and that no serious adverse events were attributed to the use of probiotics. The results were similar among children and adults. This study suggests that the use of probiotics is warranted for those taking antibiotics.

Johnston BC et al. Probiotics for the prevention of Clostridium difficile-associated diarrhea: A systematic review and meta-analysis. Ann Intern Med. 2012 Nov 13. (e-published ahead of print)