



## Weekly Practice Builder

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*In response to increasing demand from our Practitioners, Biotics Research has implemented a new e-mail program to bring important, leading-edge information and literature to you, thereby helping facilitate the growth of your practice. Biotics Research products are available exclusively through Healthcare Providers*

### Our featured supplement of the week is NitroGreens™

**Why will patients benefit from NitroGreens™?** NitroGreens™ is a rich source of phytonutrients including isoflavones, polyphenols, natural carotenoids, betalains, glucosinolates and isothiocyanates, as well as naturally occurring enzymes, vitamins and trace minerals. Collectively supporting healthy immune function, detoxification Nitro Greens product picture of heavy metals, and nitric oxide production, **NitroGreens™** also supports healthy blood pH via alkalinizing properties and provides broad spectrum antioxidant support.

**What makes NitroGreens™ so different?** NitroGreens™ supplies a true 100% organic proprietary blend of whole food extracts and concentrates, with many of the ingredients grown from heirloom seeds. NitroGreens™ is enzymatically active, has a high ORAC value and maintains an extremely high chlorophyll content. Unlike many commercially available green drink supplements, NitroGreens™ is devoid of inexpensive fiber fillers and nutritional window dressing. With NitroGreens™ you can see, smell and taste the difference. As always, you can count on Biotics Research Corporation to offer superior nutritional products supplying "The Best of Science and Nature".



#### Fast Facts about Heirloom Seeds:

What draws many people to vegetables grown from heirloom seeds is the dramatic improvement in flavour and nutritive content compared to modern, hybridized varieties. Heirloom seeds, by nature are derived from vegetables introduced before 1951, although many strains are 100-150 years old or older. Heirloom seeds are termed 'open pollinators' which means that each generation closely matches the parent generation which is not the case with hybrid seeds. Hybrid seeds are unable to reproduce consistent characteristics and are frequently sterile and incapable of reproducing at all.

#### Drug-Nutrient Interactions associated with commonly prescribed Diabetic, Hypertensive & Hyperlipidemic Drugs:

- Metformin reduces B12 and folate (increases homocysteine)
- Glipizide reduces C0Q10
- Glimepiride reduces C0Q10
- Glyburide reduces C0Q10
- Diuretics reduce potassium, magnesium, folate, zinc (increase homocysteine, glucose & insulin resistance)
- ACEI's & ARB's reduce zinc
- Beta Blockers reduce C0Q10 (increase glucose & insulin resistance)
- Statins reduce C0Q10, vitamin A, vitamin E & B12

*(12th Annual Hypertension Symposium, Oct. 18-19, 2007)*

Questions? Concerns?  
Comments? Nutri-Link wants  
to hear from you!



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