

Whole GI Wellness With Benegut®

Whole GI Wellness is the first gut formula to combine the proven Perilla extract **Benegut®** with modified citrus pectin and traditional botanical ingredients, including bromelain, papaya, cayenne, ginger, fennel seed, oregano, and chlorophyll. It is designed to help resolve temporary gastrointestinal discomfort, and encourage healthy bowel motion and elimination.*



#76830
180 vegetarian capsules

Key Features

- Designed to help resolve temporary gastrointestinal discomfort, encourage healthy bowel motion and elimination, and support GI detoxification and overall digestion*
- Proprietary Perilla extract Benegut® supports prokinetic, antispasmodic, and pre-biotic effects, and thereby improves temporary gastrointestinal discomfort, and supports gut regularity*
- Supportive nutrients include Modified Citrus Pectin, Bromelain, Papaya, Cayenne, Ginger, Fennel Seed, Oregano, and Chlorophyll*

Benegut®: An innovative, high quality, and sustainable natural dietary ingredient that improves temporary gastrointestinal discomfort and improves gut regularity.* It is a proprietary *Perilla frutescens* leaf extract which contains a specific ratio of selected flavonoids, particularly Vicenin 2 and rosmarinic acid, active compounds naturally found in Perilla. *In vitro*, *ex vivo* and human studies demonstrate that Benegut® uniquely combines prokinetic and antispasmodic effects, allowing an immediate, perceptible relief of GI discomfort.* It also has proven prebiotic effects, in particular supporting growth of *L. plantarum*, *B. lactis*, *B. longum infantis*, and *B. longum longum*.

Ginger: Used in Ayurvedic, Japanese, and Chinese herbology for over 500 years.* Ginger oleoresin extracts are found in many GI formulas for their digestive, carminative, laxative, and antacid properties.*

Bromelain: A group of proteolytic enzymes derived from the fruit and stem of pineapple, comprised largely of cysteine proteases, with acid phosphatase, peroxidase, amylase, and cellulase. In the tropics, pineapple has traditionally been used for assistance in the digestion of proteins.*

Papaya Fruit: Contains fiber, vitamins, minerals, amino acids, and the proteolytic enzymes papain and chymopapain. It is known for its supporting and soothing action on digestion, and is now studied for its other beneficial properties, including immunomodulatory effects.*

Fennel: Traditionally used in Europe and China for digestive and overall gastrointestinal health.* Due to its pleasant flavor and good tolerance, it is especially noted for its usefulness and likeability with infants.*

Oregano: Derived from a Greek word meaning "joy of the mountains", oregano has been used by the Greeks for many centuries in food and as medicine.* The volatile oil contains the phenolic compounds carvacrol and thymol. Oregano has been used in traditional cultures to support digestion, the respiratory tract, and for other health benefits.*

Cayenne pepper: Used as a gastrointestinal and circulatory tonic.* It contains capsaicin, known to have antioxidant properties and effects on nerves.*

Chlorophyll: Used traditionally for its detoxifying and deodorizing properties, and it plays a key role in the body's essential detoxification pathways.*

Modified citrus pectin (MCP): Contains gel-forming polysaccharides from the cell walls of citrus, a form of viscous dietary fiber. MCP can bind to toxins, supporting gastrointestinal detoxification and excretion.*

Supplement Facts

Serving Size	2 Capsules	
Servings Per Container	90	
Amount Per Serving		% Daily Value*
Modified Citrus Pectin	200 mg	†
Ginger (Root) Extract 4:1	60 mg	†
Perilla (Leaf) Extract (Benegut®)	150 mg	†
Papaya (Fruit) Extract 5:1	50 mg	†
Bromelain 2400 GDU	50 mg	†
Fennel (Seed) Extract 4:1	50 mg	†
Chlorophyll	40 mg	†
Oregano Extract 4:1	30 mg	†
Cayenne Powder 40,000 SHU	20 mg	†

† Daily Value not established

Other ingredients: Hydroxypropyl methylcellulose, microcrystalline cellulose, magnesium stearate, silicon dioxide, gum acacia, maltodextrin.

Suggested Use: As a dietary supplement, 2 capsules two times daily, or as directed by a healthcare professional.

Benegut is a trademark of Vital Solutions GmbH, Germany.

Whole GI Wellness is designed to support the digestive system in several ways.* Its ingredients support a resolution from temporary gastrointestinal discomfort, support healthy bowel motions, and encourage healthy eliminations.* The formula also provides support for digestive processes, and it supports gastrointestinal detoxification.* As benefits are perceived, the dose of Whole GI Wellness can be reduced accordingly.

Whole GI Wellness offers the possibility of putting the individual in charge of their gut health, instead of the gut ruling the life of the individual.*