

Oregano Oil

Standardized Carvacrol

Oregano Oil contains pure essential oil from the plant *Origanum vulgare*, containing 65% carvacrol. The oil is prepared by steam distillation without the use of solvents or other chemicals.



#73850
60 softgels

Key Features

- May help balance the microbiology within the gastrointestinal tract*
- Potentially supports healthy sinus function and healthy respiration*
- Supports antioxidant function*



The name oregano is derived from a Grecian word meaning "joy of the mountains", and for many centuries the Greeks have used oregano widely in food and as medicine.* Traditionally the volatile oil has been used to support digestion, the respiratory tract, joint function and the urinary system.*

Modern studies suggest that certain essential oils from thyme, oregano and clove may possess properties that affect the balance of microbiology within the gastrointestinal tract, and potentially support sinus function and the respiratory tract.* The primary active constituents in oregano, thymol and carvacrol, are phenolic compounds which are also found in thyme and appear to work synergistically.* Studies also suggest that rosmarinic acid, an active component in oregano and other herbs, can potentially inhibit the enzyme cyclooxygenase 2 (Cox-2).* Oregano oil also has protective, antioxidant properties.*

Supplement Facts

Serving Size	2 Softgels	
Servings Per Container	30	
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Amount Per Serving	% Daily Value	
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Oregano Oil from <i>Origanum vulgare</i> (65% Carvacrol)	200 mg	*
Rice Bran Oil	100 mg	*
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* Daily Value not established.

Other ingredients: Gelatin, glycerin, water..

Suggested Use: As a dietary supplement, 1 or 2 softgels daily with meals, or as directed by a healthcare practitioner.