

Multi-Vi-Min[®] Classic Hypoallergenic Formula

Multi-Vi-Min[®] without Copper & Iron

Multi-Vi-Min[®] was formulated by Stephen A. Levine, Ph.D., to have low allergen potential, and many people who cannot tolerate a complex nutrient formula do well with the Multi-Vi-Min[®] formulas. The nutrients used in the formulas are derived from the purest USP grade materials, which are ultimately synthesized from naturally occurring sources. Vitamin B2 and B6 are supplied partially in their coenzyme ("activated") forms, and folate is presented as 5-MTHF. Vitamin C is purposely left out of Multi-Vi-Min[®] Classic Hypoallergenic Formula because vitamin C may enhance iron absorption.* Multi-Vi-Min[®] without Copper & Iron is similar; the primary difference is that it includes vitamin C and excludes copper and iron.



#70170
150 vegetarian capsules



#70200
150 vegetarian capsules

Multi-Vi-Min® Classic Hypoallergenic Formula

#70170 • 150 vegetarian capsules

Supplement Facts

Amount Per Serving		% Daily Value*
Serving Size	1 Capsule	
Servings Per Container	150	
Vitamin A (as Retinyl Palmitate)	2000 IU	40%
Vitamin D3 (as Cholecalciferol)	100 IU	25%
Vitamin E (as DL-alpha-Tocopheryl Acetate)	80 IU	270%
Thiamine (as Thiamine Hydrochloride)	20 mg	1330%
Riboflavin (as Riboflavin-5-Phosphate)	10 mg	590%
Niacin (as Niacinamide)	30 mg	150%
Vitamin B6 (as Pyridoxine Hydrochloride and Pyridoxal-5-Phosphate)	31 mg	1550%
5-Methyltetrahydrofolate (from 111 µg [6S]-5-Methyltetrahydrofolic acid, glucosamine salt)	60 µg	15%
Vitamin B12 (as Cyanocobalamin)	80 µg	1330%
Biotin (as d-Biotin)	80 µg	27%
Pantothenic Acid (as Calcium Pantothenate)	100 mg	1000%
Calcium (as Calcium Citrate)	20 mg	2%
Iron (as Ferric Citrate)	4 mg	22%
Magnesium (as Magnesium Citrate)	20 mg	5%
Zinc (as Zinc Citrate)	6 mg	40%
Selenium (as Sodium Selenite)	40 µg	57%
Copper (as Copper Bisglycinate)	300 µg	15%
Manganese (as Manganese Citrate)	3 mg	150%
Chromium (as Chromium Picolinate)	80 µg	67%
Molybdenum (as Sodium Molybdate)	40 µg	53%
Potassium (as Potassium Chloride)	20 mg	<1%
Boron (as Boric Acid)	200 µg	†
Glutamic Acid	40 mg	†

Other ingredients: Hydroxypropyl methylcellulose, stearic acid, microcrystalline cellulose, magnesium stearate, silicon dioxide.

Suggested Use: As a dietary supplement, 1 capsule one to three times daily with meals, or as directed by a healthcare practitioner.

Taking more than 400 µg of selenium per day from all sources should only be done under the guidance of a healthcare professional.

WARNING: Accidental overdose of iron containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or a poison control center immediately.

Multi-Vi-Min® without Copper & Iron

#70200 • 150 vegetarian capsules

Supplement Facts

Amount Per Serving		% Daily Value*
Serving Size	1 Capsule	
Servings Per Container	150	
Vitamin A (as Retinyl Palmitate)	2000 IU	40%
Vitamin C (as Ascorbic Acid)	30 mg	50%
Vitamin D3 (as Cholecalciferol)	100 IU	25%
Vitamin E (as DL-alpha-Tocopheryl Acetate)	80 IU	267%
Thiamin (as Thiamin Hydrochloride)	20 mg	1333%
Riboflavin (as Riboflavin-5-Phosphate)	10 mg	588%
Niacin (as Niacinamide)	30 mg	150%
Vitamin B6 (as Pyridoxine Hydrochloride and Pyridoxal-5-Phosphate)	31 mg	1550%
5-Methyltetrahydrofolate (from 111 µg [6S]-5-methyltetrahydrofolic acid, glucosamine salt)	60 µg	15%
Vitamin B12 (as Methylcobalamin)	80 µg	1333%
Biotin (as d-Biotin)	80 µg	27%
Pantothenic Acid (as Calcium Pantothenate)	100 mg	1000%
Calcium (as Calcium Citrate)	20 mg	2%
Magnesium (as Magnesium Citrate)	20 mg	5%
Zinc (as Zinc Citrate)	6 mg	40%
Selenium (as Sodium Selenate)	40 µg	57%
Manganese (as Manganese Citrate)	3 mg	150%
Chromium (as Chromium Picolinate)	80 µg	67%
Molybdenum (as Sodium Molybdate)	40 µg	53%
Potassium (as Potassium Chloride)	20 mg	<1%
Boron (as Boron Citrate)	200 µg	†
Vanadium (as Sodium Metavanadate)	40 µg	†
PABA (Para-Aminobenzoic Acid)	40 mg	†
Glutamic Acid	40 mg	†

† Daily Value not established.

* Percent Daily Value are based on a 2,000 calorie diet

Other ingredients: Hydroxypropyl methylcellulose, rice flour, microcrystalline cellulose, magnesium stearate.

Suggested Use: As a dietary supplement, 1 capsule one to three times daily with meals, or as directed by a healthcare practitioner.

Taking more than 400 µg of selenium per day from all sources should only be done under the guidance of a healthcare professional.