

Seratonin™

Neurotransmitter and Glucose Support



#76020, 90 Vegetarian Capsules

The Possible Benefits of Seratonin™, a Food Supplement

- Provides nutritional support for key neurotransmitters
- May support healthy moods and sound sleep
- May support blood sugar within normal levels

Description

Seratonin™ is a patented nutritional formula designed to support healthy moods and sound sleep. Seratonin™ contains a combination of nutrients formulated to support a healthy balance of two key brain neurotransmitters, norepinephrine and serotonin. Additionally, the formula provides nutritional support for blood sugar within normal levels.

The formula for Seratonin™ emerged from the work of John Allocca, Sc.D, Ph.D., a medical research scientist who developed the first migraine brain chemistry model in 1997. In this model, a key role is played by low serotonin levels. Chronic low serotonin often results in some degree of difficulty sleeping and mild depression. But a variety of stressors, including allergy-causing foods, environmental allergies, physical and/or emotional stress, hormonal imbalances and

others, can trigger severe serotonin depletion, which then results in a loss of vasomotor control and migraine symptoms.

Seratonin™ contains nutrients that help to both produce and maintain serotonin and epinephrine levels, so that even when a stressor triggers high amounts of norepinephrine to be used up, and serotonin to drop, the supply in the body of both will be adequate to maintain normal function. By supporting the body and the brain in their production of serotonin and helping them to maintain adequate levels consistently, resilience to environmental and other triggers can be improved.

For best results when using Seratonin™, avoid eating foods containing tyramine (aged cheese, over-ripe fruit, red wine, etc.), processed foods and sugar.

Serving Size: 3 capsules
Servings Per Container: 30

Amount Per Serving:

Vitamin C (as Calcium Ascorbate)	140 mg
Niacin (as Inositol Hexanicotinate)	78 mg
Folic Acid	400 µg
Calcium (as Calcium Ascorbate)	17 mg
Magnesium (as Magnesium Citrate)	162 mg
Zinc (as Zinc Citrate)	15 mg
Copper (as Copper Sebacate)	1 mg
Chromium (as Chromium Nicotinate)	502 µg
Vanadium (Vanadyl Sulfate)	1.4 mg
5-L-Hydroxytryptophan	400 mg
Quercetin	300 mg
Choline (as Choline Citrate)	35 mg
Trimethylglycine Hydrochloride	100 mg
Alpha-Lipoic Acid	50 mg

Other ingredients: Hydroxypropyl methylcellulose, L-leucine.

Suggested Use: As a food supplement, 3 capsules every morning with food. Additional capsules can be taken during the day or evening, or as directed by a healthcare practitioner. Check with your physician if you are taking anti-depressant or anti-psychotic drugs.

Reference:

John A. Allocca, Sc.D., Ph.D., Balancing Serotonin and Norepinephrine Levels, 2007 Allocca Biotechnology, LLC, Northport NY.
