

ProBerry-Amla™

Beyond Berry Concentrates



Item #56550, 265 grams (9.65 oz)

The Key Features of ProBerry-Amla™, a Food Supplement

- Rich in Amla, one of the most revered Ayurvedic “Rasayana” botanicals.
- Provides a diverse range of micronutrients, including antioxidant-rich bioflavonoid pigments.
- Berries also are rich sources of soluble fibre and vitamin C.
- ProBerry-Amla provides probiotics and extra fibre as well.
- An invigorating and refreshing red-blue-purple-berry Superfood.

Description

ProBerry-Amla™ is an all-natural blended Berry and Fruit powder, an invigorating and refreshing red-blue-purple-berry Superfood. ProBerry-Amla™ provides a variety of fruit and berry extracts, including the Indian superfruit Amla (“Amalaki”, or Indian Gooseberry), Chinese fruits Jujube and Gojiberry, Pomegranate, Acai, Bilberry, Aronia Berry, Raspberry, Strawberry, and Maqui. The formula is completed with Acerola Cherry, Grape Seed Proanthocyanidins, friendly Probiotic bacteria, and fibres.

Amla is one of the most revered fruits in Indian culture. In the ancient Ayurvedic tradition, Amla is considered a primary example of a “Rasayana” botanical, something which supports the overall optimal functioning of the body, similar to an adaptogen. Rasayanas positively support many systems in the body and are able to provide benefit regardless of age or state of health. For thousands of years, Ayurveda has utilised Amla to support healthy digestion and absorption of food, while also supporting healthy liver detoxification and elimination.

The ingredients in ProBerry-Amla™ provide a diverse range of micronutrients and phytochemicals, especially bioflavonoid pigments and other polyphenols that may support healthy oxidative stress and healthy circulation. Amla contains vitamin C and other antioxidant metabolites. Purple-blue berries acai, bilberry,

and aronia contain anthocyanins, naturally occurring bioflavonoid pigments known to have powerful antioxidant activity which may help to maintain the healthy structural integrity of the blood vessels, including the capillaries. Pomegranate contains the antioxidant polyphenols ellagitannin and punicalagin. Goji berries have been used for thousands of years in the Chinese and Tibetan traditions, and contain beta-carotene and zeaxanthin. Raspberries and strawberries contain ellagic acid and quercetin. Grape seed extract contain oligomeric proanthocyanidins (OPCs), whose antioxidant properties support healthy circulation. Mucilaginous Jujube fruit is used traditionally in China to help handle stress and for soothing.

All the berries contain minerals and vitamins including significant amounts of vitamin C, and are also rich sources of soluble fibre. Acerola, also known as Barbados cherry, is especially rich in vitamin C.

ProBerry-Amla™ makes a perfect complement to our best-selling ProGreens® - take one in the morning and one in the afternoon, or mix them together!

CONTAINS NO refined sugar, corn syrup, maltodextrin, stevia, acacia gum, rice, wheat, corn, gluten, yeast, dairy, eggs, fish, crustacean shellfish, tree nuts, or peanuts.

Serving size: 1 Scoop 8.8 grams
Servings per container: 30

Amount per serving:

| | |
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| Calories | 30 |
| Calories from fat | 15 |
| Total fat | 1 g |
| Saturated fat | 0.2 g |
| Sodium | 30 mg |
| Total carbohydrates | 5 g |
| Dietary fibre | 1.6 g |
| Sugars | 3 g |
| Protein | 1 g |
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| Amla (Fruit) | 2000 mg |
| Acerola (Fruit) Extract 4:1 | 750 mg |
| Acai (Berry) Extract 4:1 | 600 mg |
| Jujube (Fruit) Extract 6:1 | 500 mg |
| Gojiberry Extract 40% | 300 mg |
| Pomegranate (Fruit) Extract 5% | 200 mg |
| Strawberry (Fruit) Powder | 200 mg |
| Raspberry (Fruit) Concentrate | 175 mg |
| Raspberry (Fruit) Powder | 100 mg |
| Aronia (Berry) Extract 2:1 | 100 mg |
| Bilberry (Fruit) Extract 25% | 50 mg |
| Maqui (Fruit) Juice Extract | 20 mg |
| Grape (Seed) Extract (95% Proanthocyanidins) | 10 mg |
| Lecithin | 2000 mg |
| Apple Fibre | 1565 mg |
| Apple Pectin | 25 mg |
| Lactobacillus sporogenes | 6 billion |

Other ingredients: Guar gum, malic acid, silicon dioxide, liquorice extract.

Suggested Use: As a food supplement, 1 scoop one or two times daily, or as directed by a healthcare practitioner. Mix with 2 to 4 ounces of cold water or juice.