

Phloe™

With Zyactinase™



Phloe™ Capsules #76230, 60 capsules
Phloe™ Chewable Tablets #76240, 60 tablets

The Possible Benefits of Phloe™, a Dietary Supplement

- Gently stimulates motility and helps normalize bowel transit time
- Supports the growth of probiotic bacteria in the gut
- Promotes regularity and long term digestive health

Description

Phloe™ is a 100% natural Kiwi fruit extract that is clinically shown to support regularity and long term digestive health. With a unique triple action, Phloe™ combines naturally occurring prebiotics, enzymes and fibre to support both short-term and long-term digestive function.*

Kiwi fruit (*Actinidia deliciosa*) has long been used in traditional Chinese medicine to enhance lower bowel function. Phloe™ contains a naturally occurring cysteine/serine protease enzyme complex isolated from New Zealand kiwi fruit and enhanced through a special process. This complex, called Zyactinase™ is comprised of plant enzymes, polyphenols, dietary fibre, carbohydrates, sugars and oligosaccharides.

Zyactinase™ benefits bowel function in three primary ways:

1. The enzymes stimulate motility of waste gently through the digestive tract, with no side effects such as cramping, spasms or diarrhoea. They also assist the body to absorb nutrients from food, and this digestive action also helps waste move through the digestive tract.
2. The oligosaccharides, sugars and carbohydrates serve as prebiotics, nourishing the flora and protect the digestive wall. Besides

providing food for the good bacteria, they also can help inhibit undesirable bacteria.

3. The small amount of fibre in Phloe™ provides bulk and moisture to the stool, which helps it move through the digestive tract more comfortably. Unlike psyllium and other fibre products, which can make the stool bulky and fluffy, Phloe™ typically makes the stool smaller and less fluffy, more representative of a normal, healthily functioning digestive and eliminative system.

The combination of enzymes, prebiotics and fibre has both short and long term protective effects on the GI tract. Besides enhancing regularity, Phloe™ addresses the three key components of a healthy gastrointestinal system: enzymes support motility and digestion, prebiotics promote beneficial gut microflora and protect the digestive wall, and fibre adds bulk to the stool. Phloe™ provides these three components of ongoing gastro-intestinal health, while promoting a mild softening of the stool in a gentle and sustained manner. Even at high doses, it does not cause diarrhoea, urgency or cramping.

Often significant benefits occur within the first few days of consumption of Phloe™, likely due to the protease complex and fibre gently

stimulating gut motility. The prebiotic effect typically begins to help balance the gut microflora after 1-3 weeks of use. For most users, Phloe™ can be taken long term and will continue to gently support motility without over-stimulation.

Phloe™ is safe for diabetics, having just 1/3 gram of natural fruit sugar per capsule. Phloe™ is also safe for those with IBS, and should be

started at a low dose and slowly increased to find the best dose.

Extensive toxicological and safety testing has shown that Phloe™ is extremely safe for humans. It is not recommended for those with Kiwi allergy. The only side effect noted is a very rare incidence of hives, due to allergic response to kiwifruit.

Item #76230 Phloe™ Capsules

Serving Size: 2 Capsules

Servings Per Container: 30

Amount Per Serving:

Zyactinase™ (from Kiwifruit) 1070mg

Other ingredients: Hydroxypropyl methylcellulose, cellulose, silicon dioxide, magnesium stearate.

Suggested Use: As a dietary supplement, 1 or 2 capsules daily directly before food. May be increased to 4 capsules daily (2 before morning and evening meals), as needed. Maintenance dose is 1 or 2 capsules daily.

Children 3 Years and Older: 1 tablet daily directly before food. Not recommended for children under 3 years of age, to prevent development of kiwi allergy.

Caution: Do not take if you have a known allergy to kiwi.

Item #76240 Phloe™ Chewable Tablets

Serving Size: 1 Tablet Servings Per Container: 60

Amount Per Serving:

Zyactinase™ (from Kiwifruit) 1070mg

Other ingredients: Erythritol, stearic acid, magnesium stearate, silicon dioxide.

Suggested Use: As a dietary supplement, 1 tablet daily directly before food. May be increased to 2 tablets daily (1 before morning and evening meals), as needed. Maintenance dose is 1 tablet daily.

Children 3 Years and Older: 1 tablet daily directly before food. Not recommended for children under 3 years of age, to prevent development of kiwi allergy.

Caution: Do not take if you have a known allergy to kiwi.