

# PEANrich®

*Mood Adaptogen*



Item #75860 75 vegetarian capsules  
Item #75870 16.2 fl. oz. (480 ml)

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## The Possible Benefits of PEANrich® Capsules and Liquid, Dietary Supplements

- Contain phenylethylamine (PEA), a healthy mood adaptogen
- Provide a rich source of chlorophyll

*“My first experience with PEANrich® was quite dramatic and wonderful. I felt the difference immediately. I felt such a paradigm shift compared to the other AFA I’d been using that I am now recommending PEANrich® to my clients, and the response has been wonderful for so many different health concerns... especially as a mood adaptogen.” - Gabriel Cousens, M.D.*

*“PEANrich® has more bioavailable chlorophyll than any other food. In biochemical research circles, the presence of chlorophyll in such high quantities is a clear indication of the AFA’s extraordinarily high life force. This inherent vitality helps keep the AFA’s wide spectrum of nutrients at their absolute nutritional peak. For me, this partially explains the mystery of how PEANrich® can have so many positive health benefits.” - Karl J. Abrams, Professor of Chemistry*

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## Description

PEANrich® is a superior, concentrated blue green algae, *Aphanizomenon flos-aquae* (AFA), that has been found to have very high levels of phenylethylamine (PEA).

PEA is an alkaloid and a mono amine. In the human brain, it is believed to function as a neuromodulator or neurotransmitter. PEA is the same compound that is found in chocolate and thought to produce chocolate’s pleasurable

effects on mood. However PeaNrich® contains many times more PEA than chocolate. Studies have shown phenylethylamine’s efficacy as a mood adaptogen, as well as being involved with “runner’s high” and even the chemicals responsible for romantic love.

For more information about PEA, please see the [October 2006 ARG Focus Newsletter](#).

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**PEANrich® Vegetarian Capsules Item #75860**

Serving Size: 2 Vegetarian Capsules

Servings Per Container: 37

**Amount Per Serving:**

Organic Aphanizomenon flos-aquae Extract 800 mg

**Other ingredients:** Hydroxypropyl methylcellulose (vegetarian capsule).

**Suggested Use:** As a dietary supplement, 1 or 2 capsules one or two times daily, or as directed by a healthcare practitioner. Drink plenty of pure water throughout the day.

**Warning:** If you are pregnant or nursing, consult your healthcare practitioner prior to use.

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**PEANrich® Liquid Item #75870**

Serving Size: 1 Tablespoon (15 ml)

Servings Per Container: 32

**Amount Per Serving:**

Calories	5
Protein	0.6 g
Vitamin A (as Beta-Carotene)	1053 IU
Organic fresh frozen Aphanizomenon flos-aquae	15 ml

**Other ingredients:** Agave cactus sweetener (low glycemic index), organic mint extract (water soluble).

**Suggested Use:** As a dietary supplement, 1 tablespoon two times daily, followed by an 8 oz. glass of water, or as directed by a healthcare practitioner. Start with one teaspoon daily, then slowly increase to two tablespoons daily or more. Keep frozen until ready to use, then place bottle in refrigerator to partially defrost. For immediate defrost, place in cool water for 15 minutes. Pour off the thawed portion. Place remainder of bottle back in freezer until ready to defrost again.

**Warning:** If you are pregnant or nursing, consult your healthcare practitioner prior to use.

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