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## The Possible Benefits of NT Factor Healthy Curb®, a Food Supplement

- Combines NT Factor® membrane food with White Kidney Bean Extract
  - NT Factor® supports the structural vitality of the membranes in the body's cells and mitochondria, including normal membrane permeability and potential and ATP energy production
  - White Kidney Bean Extract may reduce the breakdown of starch into simple sugars, thus reducing its absorption
  - NO Ephedra, caffeine, sugar, herbs, gluten or dairy or other stimulants
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## Description

**NT Factor® Healthy Curb®** is a food-based supplement that supports the structural vitality of the body's cellular and mitochondrial membranes, thereby supporting healthy energy, while at the same time potentially reducing the absorption of starches.

A 2-month open label clinical trial had 30 subjects with Chronic Fatigue Syndrome take 2 **NT Factor® Healthy Curb®** pills before each meal for sixty days. (The results may not apply to healthy individuals.) The goal was to see if the subjects could safely lose weight without increasing appetite and fatigue, and with no changes to dietary or exercise patterns. Each week, weight and measurements were taken, appetite was assessed, and fatigue assessed using the validated Piper Fatigue Scale. The average weight loss for all participants was 3 pounds, and they saw a 1.5 inch reduction in waist circumference and 1 inch reduction in hip circumference. Sixty-three percent of the subjects lost an average of 6 pounds, with 2.5 inch reduction in waist circumference, and 1.5 inch reduction in hip circumference. The lowering of weight, body mass index, and basal metabolic rate happened gradually and consistently, and there was a 44% reduction in overall hunger with reduced cravings for sweets, and 23% less fatigue overall.

The foundation of **NT Factor® Healthy Curb®** is patent-pending **NT Factor®**, a 3-part nutrient complex. The heart of **NT Factor®** is a proprietary blend of polyunsaturated phosphoglycolipids called **NT Factor® EnergyLipids**, which is extracted and prepared

using proprietary processes. **NT Factor®** also contains freeze-dried Bifido and Lactobacillus friendly bacteria, and foods and nutrient extracts that may provide nutritional support (prebiotic activity) for the probiotics.

The patent pending and proprietary phosphoglycolipids in **NT Factor®** are present in scientifically selected ratios of polyunsaturated phosphatidylcholine, glycolipids, and other polyunsaturated phosphatidyl nutrients, researched and blended to optimise cellular uptake and membrane utilisation. They have been validated in clinical studies to support healthy cell membrane and mitochondrial membrane structure and function, including normal membrane potential and enhancement of ATP energy production.

**NT Factor® Healthy Curb®** also contains white kidney bean extract (*Phaseolus vulgaris*). White kidney bean extract is an amylase inhibitor, which may interfere with the breakdown of complex carbohydrates (starches) into simple sugars, thus reducing absorption of starch. White kidney bean extract may also have some potential to lower the glycaemic index of refined carbohydrates.

Serving Size: 2 Tablets  
Servings Per Container: 75

**Amount Per Serving:**

Calcium (as Dicalcium Phosphate)	146 mg
Phosphorus (as Dicalcium Phosphate)	115 mg
NT Factor® Blend proprietary formula, containing: Inulin, rice bran extract, NT Factor® EnergyLipids (soy), OptiMSM® methylsulfonylmethane, FOS, bromelain, PABA, pantethine, inositol, L-arginine, L-glycine, taurine, alpha lipoic acid, odor-modified garlic, spirulina, leeks stem powder, beet root fibre, <i>B. bifidum</i> , <i>L. acidophilus</i> , blackstrap molasses, sodium borate.	500 mg
White Kidney Bean Extract* ( <i>Phaseolus vulgaris</i> )	500 mg

Other ingredients: Microcrystalline cellulose, vegetable stearic acid, croscarmellose sodium, vegetable magnesium stearate, silicon dioxide, pharmaceutical glaze (purified water, hydroxypropyl methylcellulose, vegetable glycerine).

**Suggested Use:** As a dietary supplement, 2 tablets three times daily twenty minutes before meals, or as directed by a healthcare practitioner.

\* Phase 2®

**References**

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