

# AllerAid Herbal

(Hypoallergenic)



Item # 74860

Available in bottles of 90 tablets

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## The Possible Benefits of AllerAid Herbal, a Food Supplement

- Supports a healthy liver detoxification and cellular energy production
- Supports healthy digestive function
- May promote healthy metabolic balance

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## Description

Chronic reactions to allergens are increasingly common in the industrialised world, affecting millions of people worldwide. Because of toxins in our soil, air, water and food, our bodies have to deal with an ever-increasing amount and variety of allergens. This can lead to neuro-endocrine imbalances, and inflamed mucosal membranes in the lungs, sinuses, nose, gastrointestinal tract and skin. This environmental challenge can also put our immune system on constant “high alert”, contributing to a cascade of chronic health conditions, and overloading our detoxification systems.

AllerAid Herbal utilises herbs with a wide spectrum of health supporting benefits traditionally used in China, Korea, Japan and other countries. It is designed to support the body in strengthening the mucosal membranes, and balancing the different aspects of metabolism. AllerAid Herbal works with the whole picture of the body’s functioning, supporting the healthy function of the digestive system, the liver and the gall bladder. It also promotes detoxification, cellular energy production, and helps strengthen the mucosal membranes. When the mucosal membranes are strong, the body has the strength to react with everything normally. In use for 20 years with many people, AllerAid Herbal has demonstrated a consistent ability to offer beneficial support, with no side effects.

The use of Noni (*Morinda citrifolia*), or Indian mulberry, as food and medicine originated in China and India, and migrated to Polynesia, Tahiti, Malaysia and Hawaii. The fruit has traditionally been used to support the musculoskeletal system, to support blood sugar within normal levels, and as a tonic. During World War II, native Polynesians gave American

soldiers noni fruit to sustain their strength. Noni's active ingredients include vitamins, minerals, scopoletin, octoanoic acid, terpenoids, alkaloids, beta-sitosterol, flavone glycosides, linoleic acid, amino acids, acubin, caproic acid, caprylic acid, ursolic acid and rutin. Noni is thought to help regulate cell function and support cellular energy production. It has been reported by researchers to have smooth muscle stimulatory activity and histaminergic effects. An impressive review of both the literature and recent research in noni was published in 2002 by Wang, et al, which summarises scientific evidence supporting the Polynesians’ reports that noni has many benefits, including immune enhancement.

Gleditsia (*Gleditsia sinensis*), or Chinese honey locust, is found in the woodlands of western China. In a 2002 study, it was shown to possibly inhibit inflammation by reducing the release of histamine from mast cells. Traditionally, all parts of the *Gleditsia sinensis* plant have been found to have many beneficial properties.

Chinese skullcap (*Scutellaria baicalensis*) is another fundamental herb in traditional Chinese medicine (TCM), found in the Chinese preparation called “injection of three yellow herbs”. It has been used for thousands of years in treating hot and damp conditions, to support digestion, the liver, and for other things. It contains bioflavonoids that may support healthy liver function.

Bitter orange (*Citrus aurantium*) has a long history of use as a digestive tonic. *Citrus aurantium* contains vitamin C, flavonoids and essential oils. It is an expectorant and laxative. It is energy enhancing, providing powerful support

for circulation, and is considered to be one of the strongest chi moving herbs.

Bai-Zhu *Atractylodes* (*Atractylodes alba*) is a digestive, liver and gall bladder tonic. In TCM, it is thought to support the functions of the stomach and spleen, the organs responsible for food digestion. Its actions also include immune system enhancement, detoxification, and support for the function of the adrenal cortex. Besides its use for

digestion, traditionally *Atractylodes* is used to support healthy lung function.

Chinese giant hyssop (*Agastache rugosa*) is one of the 50 fundamental herbs in TCM. A warming herb, *Agastache rugosa* is used when there is "dampness" within the digestive system, for good appetite and strong digestion. It is known to benefit blood vessel circulation, and is traditionally used to support vitality.

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**Serving Size:** 3 Tablets

**Servings Per Container:** 30

**Amount Per Serving:**

Proprietary blend 1500 mg

Noni (*Morinda citrifolia*) (Fruit) Extract

Gleditsia (*Gleditsia sinensis*) (Spine) Extract

Chinese skullcap (*Scutellaria baicalensis*) (Root) Extract

Bitter orange (*Citrus aurantium*) (Fruit) Extract

Bai-Zhu *Atractylodes* (*Atractylodes alba*) (Root) Extract

Chinese giant hyssop (*Agastache rugosa*) (Leaf) Extract

Other ingredients: Rice starch.

**Suggested Use:** As a food supplement, 3 tablets three times daily or 4 tablets two times daily, or as directed by a healthcare practitioner.

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