

# Colon Cleanze™



With Benegut®

Item #76830  
180 Vegetarian Capsules

---

## The Key Features of Colon Cleanze™, a Food Supplement

- Designed to help resolve temporary gastrointestinal discomfort, encourage healthy bowel motion and elimination, and support GI detoxification and overall digestion
- Proprietary Perilla extract Benegut® supports prokinetic, antispasmodic, and pre-biotic effects, and thereby improves temporary gastrointestinal discomfort, and supports gut regularity
- Supportive nutrients include Modified Citrus Pectin, Bromelain, Papaya, Cayenne, Ginger, Fennel Seed, Oregano, and Chlorophyll

---

## Discussion

**Colon Cleanze™** is the first gut formula to combine the proven Perilla extract **Benegut®** with modified citrus pectin and traditional botanical ingredients, including bromelain, papaya, cayenne, ginger, fennel seed, oregano, and chlorophyll. It is designed to help resolve temporary gastrointestinal discomfort, and encourage healthy bowel motion and elimination.

**Benegut®** is an innovative, high quality, and sustainable natural dietary ingredient that improves temporary gastrointestinal discomfort and improves gut regularity. It is a proprietary *Perilla frutescens* leaf extract which contains a specific ratio of selected flavonoids, particularly Vicenin 2 and rosmarinic acid, active compounds naturally found in Perilla. *In vitro*, *ex vivo* and human studies demonstrate that Benegut® uniquely combines prokinetic and antispasmodic effects, allowing an immediate, perceptible relief of GI discomfort. It also has proven prebiotic effects, in particular supporting growth of *L. plantarum*, *B. lactis*, *B. longum infantis*, and *B. longum longum*.

**Ginger** has been used in Ayurvedic, Japanese, and Chinese herbology for over 500 years. Ginger oleoresin extracts are found in many GI formulas for their digestive, carminative, laxative, and antacid properties. **Bromelain** is a group of proteolytic enzymes derived from the fruit and stem of pineapple, comprised largely of cysteine proteases, with acid phosphatase, peroxidase, amylase, and cellulase. In the tropics, pineapple has traditionally been used for assistance in the digestion of proteins. **Papaya fruit** contains fibre, vitamins, minerals, amino acids, and the proteolytic enzymes papain and

chymopapain. It is known for its supporting and soothing action on digestion, and is now studied for its other beneficial properties, including immunomodulatory and histamine management effects.

**Fennel** has been traditionally used in Europe and China for digestive and overall gastrointestinal health. Due to its pleasant flavour and good tolerance, it is especially noted for its usefulness and likeability with infants. The name **Oregano** is derived from a Greek word meaning "joy of the mountains", and for many centuries the Greeks have used oregano in food and as medicine. The volatile oil contains the phenolic compounds carvacrol and thymol. Oregano has been used in traditional cultures to support digestion, the respiratory tract, and for other health benefits.

**Cayenne pepper** has been used as a gastrointestinal and circulatory tonic. It contains capsaicin, known to have antioxidant properties and effects on nerves. **Chlorophyll** has been used traditionally for its detoxifying and deodorizing properties, and it plays a key role in the body's essential detoxification pathways. **Modified citrus pectin** (MCP) contains gel-forming polysaccharides from the cell walls of citrus, a form of viscous dietary fibre. MCP can bind to toxins, supporting gastrointestinal detoxification and excretion.

**Colon Cleanze™** is designed to support the digestive system in several ways. Its ingredients support a resolution from temporary gastrointestinal discomfort, support healthy bowel motions, and encourage healthy

eliminations. The formula also provides support for digestive processes, and it supports gastrointestinal detoxification. As benefits are perceived, the dose of **Colon Cleanze™** can be reduced accordingly.

**Colon Cleanze™** offers the possibility of putting the individual in charge of their gut health, instead of the gut ruling the life of the individual!

---

Serving Size: 2 Capsules  
Servings per Container: 90

**Amount per serving:**

Modified Citrus Pectin	200 mg
Perilla (Leaf) Extract (Benegut®)	150 mg
Ginger (Root) Extract 4:1	60 mg
Papaya (Fruit) Extract 5:1	50 mg
Bromelain 2400 GDU	50 mg
Fennel (Seed) Extract 4:1	50 mg
Chlorophyll	40 mg
Oregano Extract 4:1	30 mg
Cayenne Powder 40,000 SHU	20 mg

Other ingredients: Hydroxypropyl methylcellulose, microcrystalline cellulose, magnesium stearate, silicon dioxide.

**Suggested Use:** As a food supplement, 2 capsules two times daily, or as directed by a healthcare professional.

*Benegut* is a trademark of Vital Solutions GmbH, Germany.